

Double Your Reading Speed, Quickly! 1 To 1 Private Speed Reading Program

Blast through emails, books and reports, save valuable time, be more productive. The benefits of speed reading are obvious. In this fun, fast-paced Speed Reading Program you will discover the reading techniques used by highly effective people to read faster, boost their productivity and get more done each day. Plus go beyond traditional Speed Reading Programs by learning how to remember much more of what you read through the use of powerful memory techniques.

Program designed and delivered by Australian Memory Record Breaker Chris Lyons who in 2006 correctly recited Pi to 4,400 places without error.

Chris has appeared on The Today Show, A Current Affair, Today Tonight and demonstrated how effective these techniques can be on radio stations all around Australia. In 2008 Chris won the Australian Memory Championships Names competition by memorising 46 people's names in just 5 minutes.

Purpose Of Program

- To give you a rapid introduction to the most effective Speed Reading techniques
- To show you how to double your reading speed and tackle information overload
- To provide you with a simple framework to help you apply and practise your new Speed Reading skills

What You'll Learn

- **Speed Reading** - how well do you currently read and what's possible?
- Why most people read below their potential and with poor comprehension
- 4 key techniques to increase your reading speed, comprehension and recall
- How to quickly double your reading speed through effective practice
- How to remember more of what you read using the BDA approach
- How and when to make notes to maximise comprehension and retention
- How to combine speed reading with memory techniques for maximum recall
- Reading strategies for different materials and purposes
- Common reading traps and how to avoid them

Who Will Coach Me?

Speed Reading Programs are delivered live by Chris Lyons who doubled the Australian Memory Record by reciting Pi to 4,400 places without error and won the Australian Memory Championships Names competition by correctly memorising 46 people's names in just 5 minutes. Chris has appeared on The Today Show, A Current Affair, Today Tonight and has demonstrated how effective these techniques can be on radio stations all around Australia.

Continued overleaf...

Frequently Asked Questions

Before you register below for your Gloop 1 To 1 Program, here are the answers to some commonly-asked questions.

1. How Is The Speed Reading Program Structured?

For your convenience, you can choose between two delivery options both of which cover the same material:

- **OPTION A: Half Day Program.** Delivered in x1 four hour session, either a morning or an afternoon. Perfect if you want to cover all the material in the shortest possible time and in just one go.
- **OPTION B: 2 Session Program.** Delivered in x2 two hour sessions one week apart. Ideal if you find two shorter, separate coaching sessions more convenient.

With both options, the program is broken up into a number of short modules each of which covers one or several key strategies or techniques, which progressively build on each other through the course of the training.

The material is delivered in a fun, relaxed and humorous fashion to ensure maximum engagement and retention. Regular short breaks are also taken to maintain attention and focus. In this way, it is possible to easily absorb and learn the techniques covered whether done in x1 four hour session or over x2 separate two hour sessions.

2. When Do The Sessions Take Place?

Available all year round and at a time to suit you, this Speed Reading Program can be taken on weekdays, Saturdays and selected Sundays. Sessions take place during the daytime and are also available on selected weekday evenings.

3. Where Do The Sessions Take Place?

Face-to-face sessions take place in Balmain in Sydney's Inner West which is 5km or 10 minutes from Sydney CBD. Alternatively, programs can also be delivered at your home or place of work within the Sydney metropolitan area at no extra charge, if done in one session. Not in Sydney or prefer not to travel? This Program can also be done from the comfort and convenience of your home via Zoom.

4. How Do The Online Sessions Work?

For Gloop Online Programs we use Zoom a web-based platform which runs in any web browser and on any device, which means you simply need a computer or tablet with a webcam and microphone and a broadband internet connection in order to take part. It is also possible to attend using a smart phone.

We've been running Online Programs for adults and students for many years and they are a great alternative to face-to-face courses. The week prior to your program we will send you a Zoom link to access your Online Program, together with the program handouts in one easy-to-print PDF document.

Continued overleaf...

5. How Much Does The Speed Reading Program Cost?

The Speed Reading Private Program costs \$595 including GST. If you are interested in the program but it is beyond your budget, you can reduce the cost by taking the program with a family member, friend or colleague. See the next question.

6. Is It Possible To Take The Program With Someone Else?

Yes, you can take this program with up to two additional people at the same time. The cost for each additional person is \$200 including GST. So if you take the Half Day Program with a friend or colleague, with our current Special the total cost is \$595 + \$200 = \$795 or under \$400 each.

7. Is This Program Suitable For Students?

Learning how to study effectively is crucial to academic success. For this reason, we offer separate 1 to 1 programs specifically tailored to the needs of students:

- <https://gloo.link/1-to-1-high-school-study-skills-program>
- <https://gloo.link/1-to-1-university-study-skills-program>

For high school students we also run a special Small Group Essential Study Skills Course regularly throughout the year. For details please visit <https://gloo.link/1-to-1-speed-reading-program> or call us on 02 9089 8892.

8. I'd Prefer To Attend A Group Course. When Are The Next Ones?

We regularly run small group public speed reading courses open to all, a cheaper option to a private program. For upcoming dates and to find out more please visit <https://gloo.com.au>.

9. I Work For An Organisation. Can You Deliver This Program For Our Team?

Yes, it can be delivered in-house for teams either face-to-face or online via Zoom. For details please call us on 02 7229 4920.

Continued overleaf...

Did you know? We've now been running courses for 19 years and we've never had a single customer complaint or refund request, not one. Just exceptional feedback.

"A brilliant approach to speed reading and memory coaching. Truly original and refreshing. It was enjoyable and great to learn these skills that will help improve my focus and productivity. Would highly recommend Chris."

**Michael Barca,
Sales Professional, Sydney**

"My reading speed more than doubled after just one session. I always had a strong memory but Chris's techniques have improved it even further. Well worth it."

**John Havas
Manager, Risk and Compliance, Commonwealth Bank**

"Doubled my reading speed in a very short time. Simple processes, easy to remember."

**Mark Elworthy
Director, Merrill Lynch**

"The speed reading course was fantastic - it will save me time in all aspects of my life. I would highly recommend this to anyone who reads."

**Lucy McInnes
Boral**

"The biggest benefits for me have been that I can now remember when I need to and cover a lot more written material than previously - a significant boost to my productivity."

**Lyndie Spurr
Executive General Manager, Royal District Nursing Service**

"A must for business people."

**Bronwyn Matthews
General Manager, Mercury Telephones**

Interested? Visit <https://gloo.link/1-to-1-speed-reading-program> and submit the 60 second enquiry form. We'll then contact you within 24 business hours for a quick chat to check that the program is right for you and to discuss your preferred coaching times.