

## **Speed Reading For Business Professionals**

### **Half Day In-House Speed Reading Course**

**Blast through emails, books and reports, save valuable time, be more productive.** The benefits of speed reading are obvious. In this fun, fast-paced, speed reading training course you and your colleagues will discover the reading techniques used by highly effective people to read faster, boost their productivity and get more done each day. Plus go beyond traditional speed reading courses by learning how to remember much more of what you read through the use of powerful memory techniques.

**Workshop designed and delivered by Australian Memory Record Breaker Chris Lyons who in 2006 correctly recited Pi to 4,400 places without error.**

*Chris has appeared on The Today Show, A Current Affair, Today Tonight and demonstrated how effective memory techniques can be on radio stations all around Australia. In 2008 Chris won the Australian Memory Championships Names competition by memorising 46 people's names in just 5 minutes.*

#### **Purpose Of Workshop**

- To give you a rapid introduction to the most effective speed reading techniques
- To show you how to double your reading speed and tackle information overload
- To provide you with a simple framework to help you apply and practise your new speed reading skills

#### **What You'll Learn**

- **Speed Reading** - how well do you currently read and what's possible?
- Why most people read below their potential and with poor comprehension
- 4 key techniques to increase your reading speed, comprehension and recall
- How to quickly double your reading speed through effective practice
- How to remember more of what you read using the BDA approach
- How and when to make notes to maximise comprehension and retention
- How to combine speed reading with memory techniques for maximum recall
- Reading strategies for different materials and purposes
- Common reading traps and how to avoid them

#### **Delivery Format**

- x1 half day 3.5 hour training course delivered at your offices or chosen venue
- Includes access to the Speed Reading 7 Day Online Follow-up Program to give attendees an easy and effective way to practise what they learn at the workshop
- Ideal group size up to 12 people, though can also be delivered to larger groups

*Continued overleaf...*

## Presenter

Workshop delivered by Australian Memory Record Breaker Chris Lyons. An experienced trainer and facilitator, Chris also has over 10 years' commercial experience gained in senior management roles in large Australian and UK companies before starting to design and deliver Gloo training programs in 2003.

## How Much?

Pricing varies depending upon the training location, the number of participants and the number of workshops booked. We also run specials from time to time. Please contact us for pricing details.

## Interested?

*Simply visit...*

<http://www.gloo.com.au/speed-reading/in-house-speed-reading-course.html>

*...and submit the 60 second enquiry form.*

We'll then contact you within 24 business hours to find out more about you and your organisation and to discuss your preferred workshop dates.

Or if you prefer, you can contact us directly on **02 9089 8892**.

## Attendee Feedback

Chris has now been running training courses and coaching programs for 15 years and has never had a single customer complaint or refund request. Not one. This is just a small selection of comments from people who have attended this workshop.

"Extremely useful for people who have to read large reports daily."

**Dylan Jones, Senior Complaints Officer, Crime And Misconduct Commission**

"After the first 10 minutes I learnt the simplest technique that immediately doubled my reading speed and is so easy. I wish they taught me this at school, doubling my reading speed and comprehension allows me to build a good momentum while I'm reading, which allows me to read faster, for longer and more focused."

**Phillip Allison, Real Estate Agent, Belle Property**

"The speed reading course was fantastic, It will save me time in all aspects of my life. I would highly recommend this to anyone who reads."

**Lucy McInnes, Boral**

"Very useful techniques which I can start using straight away."

**Suzanne Marks, Executive Officer, Royal Australasian College Of Physicians**

"Simple steps to become an awesome reader."

**Helen Blazek, Planner, Department Of Planning And Community Development**

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