

## Memory Skills For Business Professionals

### Half Day In-House Memory Workshop

**A good memory is critical to your business success.** From remembering the names of the people you meet. To learning new information and skills quickly and easily. To studying for and passing professional exams. To giving great presentations confidently and without notes. Yet few people have ever been shown how to tap into the incredible power of their memory.

In this fun and fast-paced training course you and your colleagues will discover how to harness and apply your natural memory skills to everyday business situations and tasks to boost your productivity and achieve better results.

**Workshop designed and delivered by Australian Memory Record Breaker Chris Lyons who in 2006 correctly recited Pi to 4,400 places without error.**

*Chris has appeared on The Today Show, A Current Affair, Today Tonight and demonstrated how effective memory techniques can be on radio stations all around Australia. In 2008 Chris won the Australian Memory Championships Names competition by memorising 46 people's names in just 5 minutes.*

#### Purpose Of Workshop

- To give you a rapid introduction to the most effective Memory Techniques
- To show you how to apply the techniques in common business situations to save time, impress others and get better results
- To provide you with a simple framework to help you apply and practise your new Memory Skills

#### What You'll Learn

- **Memory Skills** - beliefs, myths and your true potential
- The real reason we forget things and why this is good news
- The simple 3 step approach to remembering people's names
- Plus how to use the 80:20 rule to get good at remembering names, quickly
- How to give great presentations without referring to notes even once
- How to remember numbers, facts and other key business information
- How to get information into your long-term memory for instant recall
- Tips and techniques used by memory champions to perform record-breaking feats

#### Delivery Format

- 4 hour Memory Training Course delivered at your offices or chosen venue
- Includes access to the Memory Skills 7 Day Online Follow-up Program to give attendees an easy and effective way to practise what they learn at the workshop
- Ideal group size up to 12 people, though can also be delivered to larger groups

*Continued overleaf...*

## Presenter

Workshop delivered by Australian Memory Record Breaker Chris Lyons. An experienced trainer and facilitator, Chris also has over 10 years' commercial experience gained in senior management roles in large Australian and UK companies before starting to design and deliver Gloop Training Programs in 2003.

## How Much?

Pricing varies depending upon the training location, the number of participants and the number of workshops. We also run specials from time to time. Please contact us for details.

## Interested?

*Submit the 60 second enquiry form at*

<https://gloop.com.au/memory/memory-improvement-course.html>

We'll then contact you within 24 business hours to find out a little more about you and your organisation and to discuss your preferred workshop dates. Or if you prefer, you can contact us directly on **02 9089 8892**.

## Attendee Feedback

Chris has now been running training courses and coaching programs for 15 years and has never had a single customer complaint or refund request. Not one. Just exceptional feedback.

"Brilliant! Very useful. Can remember more than I thought I could."

**Trish Harrop, Mitchell Shire Council**

"The presentation was one of the best I've been to - and I have been to a few! Very enjoyable, using fun to educate. Inclusive, brilliant presenter."

**Pauline Lonel, Royal District Nursing Service**

"Great techniques for presenting. Thanks."

**Jenny, Group Manager, Primary Communications Sydney**

"Chris is a great facilitator. The memory techniques will come in handy."

**Eloise Birbara, Executive Officer, Royal Australasian College Of Physicians**

"I learnt so much in such a short time span. I will definitely use these techniques in my day to day life. Thank you!"

**Louise Goodman, Young Presidents Organisation**

"Interesting, entertaining and useful for both work and study - picked up some great tips which I can use!"

**Karly Silvello, Administration Assistant, Lawler Partner**

"Very effective. Very valuable."

**Simon J Costa, CEO, Costa Group**

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