

## Essential Study Skills For High School Students

### 1 Day Public Study Skills Workshop

If you are looking for ways to help your son or daughter with their studies then our **Essential Study Skills Course** will equip them with the knowledge, skills and confidence to study more effectively and achieve better results. Designed and delivered personally by Australian Memory Record Breaker and founder of Gloop, Chris Lyons, this fun, fast-paced 1 day study skills course gives students of all ages simple, practical techniques to overcome procrastination and approach their studies in a more organised and efficient way, helping them achieve better grades in assignments, tests and exams.

Focused on three key areas - **Memory Skills, Speed Reading and Effective Note-taking Techniques** - students discover how to learn new information quickly and easily using simple yet powerful study techniques many other students are never ever shown. Plus Gloop study skills courses are relaxed, friendly and fun!

**Workshop designed and delivered by Australian Memory Record Breaker Chris Lyons who in 2006 correctly recited Pi to 4,400 places without error.**

*Chris has appeared on The Today Show, A Current Affair, Today Tonight and demonstrated how effective memory techniques can be on radio stations all around Australia. In 2008 Chris won the Australian Memory Championships Names competition by memorising 46 people's names in just 5 minutes.*

#### Purpose Of Workshop

- To give high school students a rapid and practical introduction to Memory, Speed Reading and Effective Note-taking Techniques
- To show students how to apply these techniques to their day-to-day studies to overcome procrastination and study in a more organised and efficient way, saving time and achieving better grades
- To provide students with an easy-to-follow action plan to help them apply and practise their new study skills after the course

#### What Students Learn

- **Memory Skills** - how much of your true potential are you using?
- The real reason students forget things and why this is good news
- The 3 essential keys to remembering what you need to at school
- The 3 most effective memory systems for studying
- Which memory techniques work best for which subjects
- How and when to review information to maximise retention and recall
- How to quickly memorise study information for tests and exams

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- **Speed Reading** - how well do you currently read and what's possible?
- Why most students read below their potential and with poor comprehension
- 4 key techniques to increase your reading speed, comprehension and recall
- How to quickly double your reading speed through effective practice
- How to remember more of what you read and study using the BDA approach
- Reading strategies for different types of study material
- Common reading traps students make and how to avoid them
  
- **Effective Note-taking** - why is note-taking such an important study skill?
- Common note-taking traps and how to avoid them
- How and when to make notes to maximise comprehension, retention and recall
- How to summarise study materials more quickly and easily
- How to use the GO method to plan and prepare assignments, projects and essays in a fraction of the usual time
- How to use effective note-taking to plan A+ essays and overcome procrastination
- How to combine memory, reading and note-taking techniques to produce a coherent approach to successful study

### Delivery Format

- Fun, fast-paced 1 day workshop open to all high school students
- Exclusive, interactive small group training
- Limited to just 10 students to maximise individual attention and learning
- Designed for students of all ages from year 7 through to year 12
- Includes free access to the Essential Study Skills 7 Day Online Follow-Up Program to help students practise and apply what they learn at the workshop

### Presenter

- Designed and delivered by Australian Memory Record Breaker Chris Lyons. Over the last 10 years Chris has delivered hundreds of public and private workshops and coaching programs for individuals, groups and schools showing high school students how to study more effectively and achieve better grades.

### Spring School Holidays

- **Brisbane** - 0930 to 1600 on **Tuesday 26 September 2017**  
at Airport International Motel Brisbane, 528 Kingsford-Smith Drive, Hamilton
- **Canberra** - 0930 to 1600 on **Thursday 28 September 2017**  
at Halletts, Level 8, AMP Tower, 1 Hobart Place, Canberra
- **Melbourne** - 0930 to 1600 on **Wednesday 4 October 2017**  
at The Metropole Hotel, 44 Brunswick Street, Fitzroy
- **Sydney** - 0930 to 1600 on **Friday 6 October 2017**  
at Studio You Event Space, 135 Rowntree Street, Birchgrove

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## Summer School Holidays

- **Brisbane** - 0930 to 1600 on **Tuesday 16 January 2018**  
at Airport International Motel Brisbane, 528 Kingsford-Smith Drive, Hamilton
- **Melbourne** - 0930 to 1600 on **Wednesday 17 January 2018**  
at The Metropole Hotel, 44 Brunswick Street, Fitzroy
- **Canberra** - 0930 to 1600 on **Tuesday 23 January 2018**  
at Halletts, Level 8, AMP Tower, 1 Hobart Place, Canberra
- **Sydney** - 0930 to 1600 on **Thursday 25 January 2018**  
at Studio You Event Space, 135 Rowntree Street, Birchgrove

## How Much?

- **1 day small group workshop** including refreshments, study skills manual PLUS access to the 7 Day Online Follow-up Program = **\$495 including GST**
- **Group discount** book 2 or more places at the same course and receive a further 10% discount off the total cost

**\*Special\* Book a place at any of our study skills workshops for just \$295 per student for a limited time, save \$200.**

"An unusually useful and exhilarating experience that'll leave you with the knowledge to turn C's into A's with little extra effort."

**Andrew Verela, Year 11 Student, Iona College Brisbane**

"Wow! This workshop has been mind-blowing, life-changing, incredible! It taught me countless techniques that will assist me every day. I absolutely LOVED IT!"

**Elle Solferini, Year 9 Student, Loreto Kirribilli**

"This course has shown how a few simple techniques can astronomically help with both memory and reading. Learning 25 elements of the periodic table, in order, in less than 10 minutes! I recommend this to everyone!"

**Andrew McLean, Year 10 Student, Scots College Sydney**

"Incredibly beneficial! For the first time coming out of a learning activity I don't feel brain dead or overwhelmed, I feel powerful and ready to tackle year 12."

**Lauren Steyger, Year 11 Student, Victoria**

"This course was extraordinary! I learned so many helpful study, reading and memory techniques. I recommend this course to anyone in high school."

**Julia Aruci, Year 8 Student, Melbourne Girls Grammar**

"Exceeded even my own expectations. Gloop's techniques are outstanding with undeniable results."

**Jenny Jones, CFO, Victorian Curriculum And Assessment Authority**

"I learned more in a day than I would in a year at school."

**Tristan Launder, Year 10 Student, Wanniasa High School**

***\*Limited Places, Don't Miss Out. Workshop Booking Form On Next Page\****

# Gloo Essential Study Skills Workshop Booking Form

## 1. WORKSHOP DETAILS - Please select:

BRISBANE 26 Sep 2017

CANBERRA 28 Sep 2017

MELBOURNE 4 Oct 2017

SYDNEY 6 Oct 2017

BRISBANE 16 Jan 2018

MELBOURNE 17 Jan 2018

CANBERRA 23 Jan 2018

SYDNEY 25 Jan 2018

Price Inc. GST

1 Place = \$295

2 Places = \$531

Save 10%

## 2. STUDENT DETAILS

Name: _____	Email Address: _____
School: _____	Year: _____
Name: _____	Email Address: _____
School: _____	Year: _____

## 3. YOUR DETAILS

Name: _____	Email Address: _____
Postal Address: _____	Telephone: _____
How Did You Hear About This Workshop?: _____	

## 4. PAYMENT DETAILS

To complete your workshop booking please make payment to the following account:	
<b>Bank: NAB</b>	<b>BSB: 082125</b>
<b>Account Number: 731131645</b>	
Account Name: Christopher Lyons t/a Gloo Memory, Speed Reading And Study Skills Courses	
<b>So that we can confirm your booking and receipt of your payment please complete:</b>	
Amount Paid: \$ _____	Date Paid: _____
Paid From Account Name: _____	
Once your payment has been received we will email you your official Booking Confirmation including a receipted Tax Invoice for your payment plus further details about the workshop venue and timings.	
<p><b>*PLEASE EMAIL</b> your completed Booking Form to <a href="mailto:bookings@gloo.com.au">bookings@gloo.com.au</a>.*</p> <p>Or <b>FAX</b> to <b>02 8088 1337</b>. A small number of conditions apply to your workshop booking, to read these please visit <a href="http://www.gloo.com.au/ESSFHSS-conditions.html">http://www.gloo.com.au/ESSFHSS-conditions.html</a>.</p>	