

Essential Study Skills For University Students

1 Day Public Workshop

In this fun, fast and effective **Study Skills Course** you'll learn how to absorb new information quickly and easily. You'll discover simple yet powerful techniques to double or even treble your reading speed plus remember much more of the information you study. Focused on three key areas - Memory Skills, Speed Reading and Effective Note-taking Techniques - you'll learn how to combine these techniques to study smarter, in less time and achieve better results.

Workshop designed and delivered by Australian Memory Record Breaker Chris Lyons who in 2006 correctly recited Pi to 4,400 places without error.

Chris has appeared on The Today Show, A Current Affair, Today Tonight and demonstrated how effective memory techniques can be on radio stations all around Australia. In 2008 Chris won the Australian Memory Championships Names competition by memorising 46 people's names in just 5 minutes.

Purpose Of Workshop

- To give you a rapid and practical introduction to Memory, Speed Reading and Effective Note-taking Techniques
- To show you how to apply these techniques to your day-to-day studies to save time and achieve better grades
- To provide you with an easy-to-follow Action Plan to help you apply and practise your new found skills after the course

What You'll Learn

- **Memory Techniques** - how much of your potential are you really using?
- The keys to remembering what you need to at Uni
- The 3 most effective memory systems for Uni success
- How to memorise information and pass tests and exams with confidence
- How and when to review information to maximise recall
- **Speed Reading** - how well do you currently read and what's possible?
- 4 key techniques to increase your reading speed, focus and comprehension
- How to quickly double your reading speed through effective practice
- How to remember more of what you read using the BDA approach
- How and when to summarise what you are studying
- How best to tackle different types of study material
- **What is Visual Note-taking** - and why is it such a powerful study technique?
- How to use Visual Note-taking to make quick and memorable notes
- How to use the GO method to plan and prepare assignments and projects
- How to use Visual Note-taking to organise and manage all your study notes
- How to get started with Visual Note-taking quickly and easily

Continued overleaf...

Delivery Format

- 1 Day Study Skills Course starting at 0930 and finishing by 1630
- Exclusive, interactive small group training
- Limited to just 5 people to maximise personal attention and learning

Presenter

- Workshop delivered by Australian Memory Record Breaker Chris Lyons. Over the last 10 years Chris has shown thousands of people how to improve their reading, memory and study skills through a unique range of public training courses and private coaching programs.

Where And When?

- **Sydney** - 0930 to 1630 on **Friday 28 July 2017**
at Gloop, 39 Llewellyn Street, Balmain NSW 2041

****Special* Book your place at any of the above workshops
for just \$295 per person, save \$300 for a limited time.***

"Should be mandatory prior to any course requiring learning. Chris is a brilliant presenter and does a great job imparting the material. HIGHLY RECOMMENDED."
Arun Kannan, Doctor, Greenslopes Hospital Brisbane

"Very beneficial and I believe the skills will help me with all the reading I have in my law studies, in particular the journey technique. Thanks!"
Claire Cottam, Law Student, Brisbane

"Excellent program! Simple, to the point, memorable. University Study Skills has opened me to new and exciting, practical techniques with which to achieve effective study. Busting the myths and bad habits, a must do for any student. Highly recommended."
Margaret Gale, Liberal Arts Student, Campion College Sydney

"Today has given me tools I can use for studying a science degree after many years away from study. Chris is very entertaining."
Angie Byrne, Health Science Student, Brisbane

"It's amazing how much faster you read after a few exercises. You can almost immediately tell the difference. I'm not someone who can normally remember lots of things but with the activities and techniques I now can."
Ime, University Student, Auckland

****Book Your Place Today. Workshop Booking Form On Next Page****

Essential University Study Skills Public Course - Booking Form

1. WORKSHOP DETAILS - Please select:

Friday 28 July 2017

Price *Special*
1 Place = \$295
2 Places = \$531
Save an extra 10%

2. ATTENDEE DETAILS

Attendee 1: _____	Contact Number: _____
Studying At: _____	Year: _____
Email Address: _____	
Attendee 2: _____	Contact Number: _____
Studying At: _____	Year: _____
Email Address: _____	

3. YOUR DETAILS - Please complete if not attending and booking on behalf of someone else:

Your Name: _____	Contact Number: _____
Email Address: _____	
How Did You Hear About This Workshop?: _____	

4. PAYMENT DETAILS

To complete your workshop booking please make payment to the following account:	
Bank: NAB	BSB: 082125
Account Number: 731131645	
Account Name: Christopher Lyons t/a Gloop Memory, Speed Reading And Study Skills Courses	
So that we can confirm your booking and receipt of your payment please complete:	
Amount Paid: \$ _____	Date Paid: _____
Paid From Account Name: _____	
Once your payment has been received we will email you your official Booking Confirmation including a receipted Tax Invoice for your payment plus further details about the workshop venue and timings.	
<p>*PLEASE EMAIL your completed Booking Form to bookings@gloop.com.au. *</p> <p>Or FAX to 02 8088 1337. A small number of conditions apply to your workshop booking, to read these please visit http://www.gloop.com.au/ESSUNI-conditions.html.</p>	